



Date: _____

Name: _____

Address: _____

Phone: _____ Email: _____

OUR RELATIONSHIP

The nature of our relationship is held by trust and mutual intent. You are meeting with me as your Spiritual Director because you want to examine your spiritual life. You are invited and encouraged to discuss expectations and establish needs and/or desires for Spiritual Direction at any time. You have read and reviewed the Guidelines for Ethical Conduct .pdf brochure provided. Although I believe it is appropriate at times to discuss personal and relational difficulties in the context of spiritual direction, I am not a psychotherapist, nor do I provide such services. Similarly, you recognize that Spiritual Direction is not financial advice. Any decisions and actions you may take are solely your choice and responsibility.

CONFIDENTIALITY & ETHICS

Matters discussed during Spiritual Direction sessions will remain confidential subject to Manitoba law. I am committed to ongoing accountability and support through a supervisory team of trained Spiritual Directors. Some content of sessions may be privately discussed with this team for consultation as needed.

SOCIAL MEDIA & PUBLIC CONTACT

It is my policy to not connect with directees over social media. No content posted to my social media or blog will pertain to specific matters discussed in the privacy of Spiritual Direction. If we run into each other in public, I will respect your privacy and not approach you unless you approach and speak to me first.

LENGTH & FREQUENCY OF SESSIONS

Sessions are typically 1 hour. Since sessions are provided upon request, frequency is negotiable. Many people select to see a Spiritual Director monthly - more frequent and there may not be much to talk about; less frequent and there may be an overabundance it is hard to focus. With clear communication and mutual consent, length and frequency of sessions can be flexible and adjusted as needed.

FEE FOR SERVICE

I'm committed to offering flexible financial access or trade options. Please consider the level of payment that works well for you. No minimum commitment; pay as you go. Payment expected at time of service.

_ Blessing: \$75/hr
For those with financial resources to bless others.

_ Average: \$50/hr
For those with financial resources to pay an average market price for this service.

_ Equity: \$25/hr
For those with financial resources to commit this amount at this time.

_ Sliding Scale: Name your preferred price. One suggestion is to consider how much you make per hour at your job. Could you offer that to me? If you would like to have a conversation about a sliding scale fee, please let me know.

_ Trade: Do you have something to trade? Do you have something to trade? Consider the value you place on the object. Did you put time and energy into making it? Would you enjoy giving it in exchange for what I offer? Would you enjoy knowing what types of goods/services I enjoy receiving? I'm just learning how to operate in trade and am willing to explore options and receive feedback. If you would like to have a conversation about trade, please let me know.

----- Date: -----
Signature of Spiritual Directee

----- Date: -----
Signature of Spiritual Director

As a person living on Treaty 1 Territory, drinking water from Shoal Lake 40 First Nation, and as a Spiritual Director, I am committed to truth and reconciliation, and to creating spaces of compassion, courage and deep listening. Land acknowledgements are an opportunity to create awareness and understanding with respect to this commitment.